

## HOW TO MEASURE

**CHEST:** With arms relaxed down at sides, measure fullest part of bust/chest, keeping tape parallel to the floor.

**WAIST:** Measure around your natural waistline; keep your measuring tape comfortably loose.

**HIP:** Stand with heels together, keeping tape straight and parallel to the floor, measure around fullest part.

**INSEAM:** Measure inside length of your leg from crotch to bottom of ankle.

		CHEST		WAIST		HIP		INSEAM	
US/EU	ASIA	cm	inch	cm	inch	cm	inch	cm	inch
<b>XS</b>	<b>S</b>	86.5-91	34"-36"	71-76	28"-30"	86.5-91	34"-36"	79-80	31"-31.5"
<b>S</b>	<b>M</b>	91-97	36"-38"	76-81	30"-32"	91-97	36"-38"	80-81	31.5"-32"
<b>M</b>	<b>L</b>	97-102	38"-40"	81-86.5	32"-34"	97-102	38"-40"	81-82.5	32"-32.5"
<b>L</b>	<b>XL</b>	102-107	40"-42"	86.5-91	34"-36"	102-107	40"-42"	82.5-84	32.5"-33"
<b>XL</b>	<b>2XL</b>	107-114	42"-45"	91-99	36"-39"	107-114	42"-45"	84-85	33"-33.5"
<b>2XL</b>	<b>3XL</b>	114-122	45"-48"	99-107	39"-42"	114-122	45"-48"	85-86.5	33.5"-34"

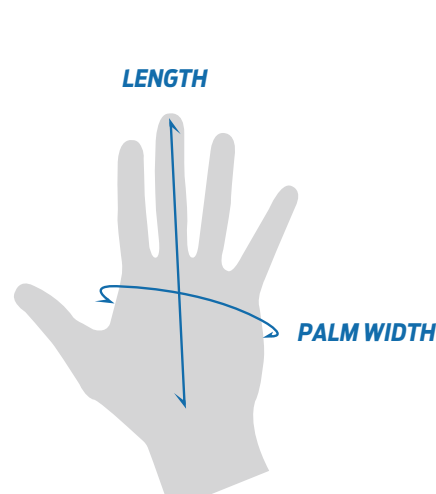
## CAP

	cm	
<b>ONE SIZE FIT ALL</b>	54-61	
	21-24	

## GLOVES

**PALM WIDTH:** Use tape measuring around the hand at widest part of palm.

**LENGTH:** Measure from longest finger to base of palm.



## SIZE CHART

		<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>2XL</b>
<b>PALM WIDTH</b>	cm	17-19.5	19.5-21.5	21.5-24	24-26	26-28
	inch	6.5"-7.5"	7.5"-8.25"	8.25"-9"	9"-10"	10"-11"
<b>LENGTH</b>	cm	16.6-18	18.1-19	19.1-20.5	20.5-21.5	21-23
	inch	6.3"-7"	7"-7.5"	7.5"-8"	8"-8.4"	8.4"-8.8"

## KID'S GLOVES

		<b>4 YEARS</b>	<b>6 YEARS</b>
<b>PALM WIDTH</b>	cm	12-13	13-13.5
	inch	4.75"-5"	5"-5.25"

## ARM COVERS

### STEP 1 HOW TO MEASURE

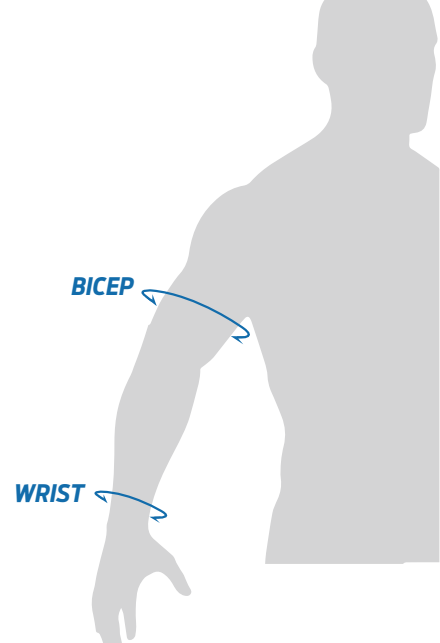
Use a tape measurer to find the full circumference of the bicep and wrist.

### STEP 2 FIND YOUR SIZE

Use the chart below to determine the proper arm cover size based on your measurements.

## SIZE CHART

		<b>S</b>	<b>M</b>	<b>L</b>
<b>BICEP</b>	cm	27-29	29-32	32-35
	inch	10.5"-11.5"	11.5"-12.5"	12.5"-13.5"
<b>WRIST</b>	cm	16-17	17-18	18-19
	inch	6.25"-6.5"	6.5"-7"	7"-7.5"



## LEG COVERS

### STEP 1 HOW TO MEASURE

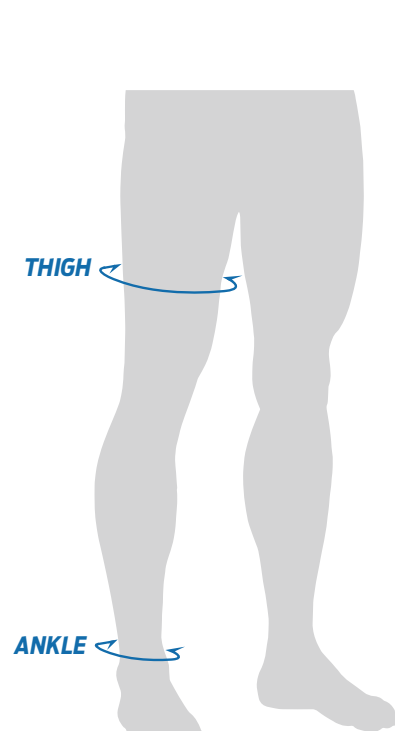
Use a tape measurer to find the full circumference of the thigh and ankle.

### STEP 2 FIND YOUR SIZE

Use the chart below to determine the proper leg cover size based on your measurements.

## SIZE CHART

		<b>S</b>	<b>M</b>	<b>L</b>
<b>THIGH</b>	cm	51-55	55-59	59-63
	inch	20"-21.5"	21.5"-23.5"	23.5"-25.5"
<b>ANKLE</b>	cm	23-24	24-25	25-27
	inch	9"-9.5"	9.5"-10"	10"-10.5"



## KNEE COVERS

### STEP 1 HOW TO MEASURE

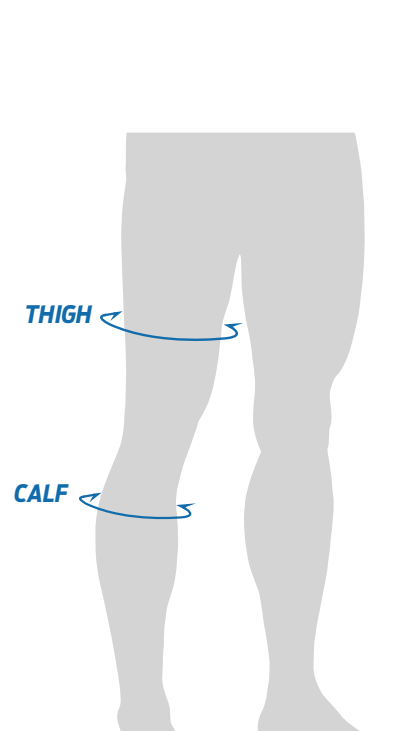
Use a tape measurer to find the full circumference of the thigh and calf.

### STEP 2 FIND YOUR SIZE

Use the chart below to determine the proper knee cover size based on your measurements.

## SIZE CHART

		<b>S</b>	<b>M</b>	<b>L</b>
<b>THIGH</b>	cm	42-46	46-50	50-55
	inch	16.5"-18"	18"-19.5"	19.5"-21.5"
<b>CALF</b>	cm	32-36	36-39	39-42
	inch	12.5"-14"	14"-15.5"	15.5"-17"



## COMPRESSION SLEEVES

### STEP 1 HOW TO MEASURE

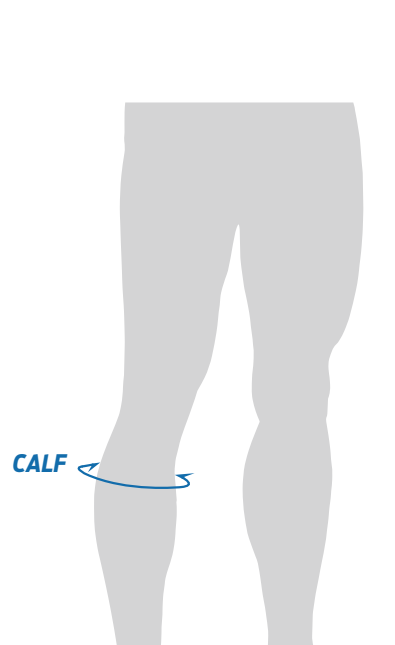
Use a tape measurer to find the full circumference of the calf and ankle.

### STEP 2 FIND YOUR SIZE

Use the chart below to determine the proper compression sleeve size based on your measurements.

## SIZE CHART

		<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>
<b>CALF</b>	cm	28-38	33-43.5	35.5-46	38.5-51.5
	inch	11"-15"	13"-17"	14"-18"	15"-20"
<b>ANKLE</b>	cm	19-21.5	21.5-24	23-26.5	26.5-32
	inch	7.5"-8.5"	8.5"-9.5"	9"-11.25"	11.5"-12.5"



## SOCKS

	<b>S</b>	<b>M</b>	<b>L</b>
<b>EU</b>	35-38	39-42	43-46
<b>US</b>	5-7	7-9.5	9.5-12
<b>CM</b>	22-24	24.5-26.5	27.5-29.5

## COMPRESSION SOCKS

	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>
<b>EU</b>	35-37	38-40	41-43	44-46
<b>US</b>	5-6.5	7-8.5	9-10.5	11-12.5
<b>CM</b>	22-23	24-25.5	26-27.5	28-29.5

## SHOE COVERS

	<b>S</b>	<b>M</b>	<b>L</b>
<b>EU</b>	38-40	41-43	44-46
<b>US</b>	6.5-8	8.5-10	11-12.5
<b>CM</b>	24-25.5	26-27.5	28-29.5